

## Iowa Western Community College Residence Life Flu Policy

Students experiencing flu-like symptoms (i.e. fever with cough and/or sore throat) should maintain their distance from others and immediately call the Residence Life Office at (712) 388-7695. If diagnosed with the flu or flu-like symptoms, students should:

\_\_\_\_\_ Go home if possible and only return to campus 24 hours after fever is gone.

\_\_\_\_\_ If the student cannot go home they should self-isolate in their dorm/suite/apartment room until they are no longer contagious. The guideline is to remain isolated during illness and for at least 24 hours after the ill person's fever is gone, except to get medical care (fever should be gone without the use of fever-reducing medicine). If possible, Residence Life will make arrangements to relocate an ill resident or roommate(s) of the ill resident to another room for the safety of others.

\_\_\_\_\_ Residence Life will provide the student with a mask to wear.

\_\_\_\_\_ In all cases, students must contact their instructors if they will be out with the flu or extended illness. For assistance with this process, students may call Desirae Bachman, Director of Residence Life, at (712) 256-6526.

**Self-isolation:** Students diagnosed with flu or flu-like illness who are unable to return home to recover should self-isolate in their dorm/suites/apartment room until they are no longer contagious. The guideline is to remain isolated during illness and for at least 24 hours after the ill person's fever is gone, except for medical care.

Students who live within driving distance of Iowa Western Community College may be asked to return to their homes for the duration of their illness. Students who remain on campus should stay away from others and eat meals in their room (students should make arrangements for friends to deliver meals to their room because students with flu will not be permitted in the cafeteria). Residence life staff will provide the student with a mask to wear when they interact with others while they are ill. In all cases, students must contact their instructors if they will be out with the flu or extended illness. If you are ill with the flu or flu-like symptoms you will not be permitted to attend class.

**Meals:** If you are self-isolated, have a mealplan and have arranged for someone to bring your meals to you, please notify the Residence Life Office at (712) 388-7695. Please tell us the following:

- Your student ID number
- The name of the person who will be picking up your food
- The dates and meals (breakfast, lunch and dinner) this person will be picking up your food.

The flu virus has the potential to be an extremely debilitating virus. The Office of Residence Life has explicated this process for identification and isolation to minimize, diminish and lessen the effects of the flu virus on the Residence Life and College Community.